Ab 21.08.2024

Trainingsplan Saison 2024/2025

Auf dem Pfennig (Platz 1) Hasseler Str. 99

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	1A		1B		1A		1B		1A		1B		1A		1B		1A		1B	
	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2
15:30 - 16:00																				
16:00 - 16:30																				
16:30 - 17:00									G1		F1	F2								
17:00 - 17:30	G1		F1	F2					G1		F1	F2							U9	U11
17:30 - 18:00	G1		F1	F2					G1		F1	F2							U9	U11
18:00 - 18:30	G1		F1	F2											D2				U9	U11
18:30 - 19:00	D1		D2												D2					
19:00 - 19:30	D1		D2												D2					
19:30 - 20:00	D1		D2										He 1							
20:00 - 20:30	A1		A2										He 1							
20:30 - 21:00	A1		A2										He 1							
21:00 - 21:30	A1		A2										He 1							
21:30 - 22:00																				

Auf dem Pfennig (Platz 2) Hasseler Str. 99

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	2A		2B		2A		2B		2A		2B		2A		2B		2A		2B	
	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2
15:30 - 16:00																				
16:00 - 16:30																				
16:30 - 17:00													E1		E2					
17:00 - 17:30	E1		E2		U15		U13		D1		U9	U11	E1		E2		U15		U13	
17:30 - 18:00	E1		E2		U15		U13		D1		U9	U11	E1		E2		U15		U13	
18:00 - 18:30	E1		E2		U15		U13		D1		U9	U11	B1		C1		U15		U13	
18:30 - 19:00	B2		C1		B1				B2		U19		B1		C1		He 4		U19	
19:00 - 19:30	B2		C1		B1				B2		U19		B1		C1		He 4		U19	
19:30 - 20:00	B2		C1		B1		He 2		B2		U19		A1		He 2		He 4		U19	
20:00 - 20:30					He 1		He 2				A2		A1		He 2				He 3	
20:30 - 21:00					He 1		He 2				A2		A1		He 2				He 3	
21:00 - 21:30					He 1		He 2				A2		A1		He 2				He 3	
21:30 - 22:00																				

HHG (Platz 1) Hasselbeck Str. 2-4

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	1A		1B		1A		1B		1A		1B		1A		1B		1A		1B	
	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2
15:30 - 16:00																				
16:00 - 16:30																				
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19:00 - 19:30																				
19:30 - 20:00																				
20:00 - 20:30					He 3						He 4									
20:30 - 21:00					He 3						He 4									
21:00 - 21:30					He 3						He 4									
21:30 - 22:00																				