Ab 18.08.2021

Trainingsplan Saison 2021/2022

Auf dem Pfennig (Platz 1) Hasseler Str. 99

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	1A		1B		1A		1B		1A		1B		1A		1B		1A		1B	
	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2
15:30 - 16:00																				
16:00 - 16:30																				
16:30 - 17:00																			C1	
17:00 - 17:30	E3	E2	E1											E2	D1				C1	
17:30 - 18:00	E3	E2	E1											E2	D1				C1	
18:00 - 18:30	E3	E2	E1				C2				C3			E2	D1					
18:30 - 19:00	B1						C2				C3		B1		U19					
19:00 - 19:30	B1						C2				C3		B1		U19					
19:30 - 20:00	B1												B1		U19					
20:00 - 20:30	He 2												He 1							
20:30 - 21:00	He 2												He 1							
21:00 - 21:30	He 2												He 1							
21:30 - 22:00																				

Auf dem Pfennig (Platz 2) Hasseler Str. 99

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	2A		2B		2A		2B		2A		2B		2A		2B		2A		2B	
	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2	2A1	2A2	2B1	2B2
15:30 - 16:00																				
16:00 - 16:30																				
16:30 - 17:00																				
17:00 - 17:30	U11		BG	F1	D1		U13		E1	E3	BG	F1					U11		U13	
17:30 - 18:00	U11		BG	F1	D1		U13		E1	E3	BG	F1					U11		U13	
18:00 - 18:30	U11		BG	F1	D1		U13		E1	E3	BG	F1					U11		U13	
18:30 - 19:00	B3		C3		B2		U19		B3		U15		C2		C1		B2		U15	
19:00 - 19:30	B3		C3		B2		U19		B3		U15		C2		C1		B2		U15	
19:30 - 20:00	B3		C3		B2		U19		B3		U15		C2		C1		B2		U15	
20:00 - 20:30	A1				He 1								He 2		A1		He 1			
20:30 - 21:00	A1				He 1								He 2		A1		He 1			
21:00 - 21:30	A1				He 1								He 2		A1		He 1			
21:30 - 22:00																				

HHG (Platz 1) Hasselbeck Str. 2-4

Uhrzeit	Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
	1A		1B		1A		1B		1A		1B		1A		1B		1A		1B	
	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2	1A1	1A2	1B1	1B2
15:30 - 16:00																				
16:00 - 16:30																				
16:30 - 17:00																				
17:00 - 17:30																				
17:30 - 18:00																				
18:00 - 18:30																				
18:30 - 19:00			C1																	
19:00 - 19:30			C1																	
19:30 - 20:00			C1																	
20:00 - 20:30									He3											
20:30 - 21:00									He3											
21:00 - 21:30									He3											
21:30 - 22:00																				