**Ab 29.08.2018**

# Trainingsplan Saison 2018/2019

## Auf dem Pfennig (Platz 1) Hasseler Str. 99

| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | |
| | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 |
| 15:30 - 16:00 | | | | | | | | | | | | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | | | | | | | | | | | | |
| 16:30 - 17:00 | TWJ | | | | | | | | U13 | | E1 | | | | | | U13 | | | |
| 17:00 - 17:30 | TWJ | | E3 | E5 | | | | | U13 | | E1 | | | | | | U13 | | | |
| 17:30 - 18:00 | TWJ | | E3 | E5 | | | | | U13 | | E1 | | | | | | U13 | | | |
| 18:00 - 18:30 | TWJ | | E3 | E5 | | | | | | | C2 | | | | | | | | | |
| 18:30 - 19:00 | TWJ / C2 | | D3 | D2 | | | | | | | C2 | | B1 | | B2 | | | | | |
| 19:00 - 19:30 | C2 | | D3 | D2 | | | | | | | C2 | | B1 | | B2 | | | | | |
| 19:30 - 20:00 | C2 | | D3 | D2 | | | | | | | | | B1 | | B2 | | | | | |
| 20:00 - 20:30 | A1 | | A2 | | | | | | | | | | He 1 | | He 2 | | | | | |
| 20:30 - 21:00 | A1 | | A2 | | | | | | | | | | He 1 | | He 2 | | | | | |
| 21:00 - 21:30 | A1 | | A2 | | | | | | | | | | He 1 | | He 2 | | | | | |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | |

## Auf dem Pfennig (Platz 2) Hasseler Str. 99

| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 2A | | 2B | | 2A | | 2B | | 2A | | 2B | | 2A | | 2B | | 2A | | 2B | |
| | 2A1 | 2A2 | 2B1 | 2B2 | 2A1 | 2A2 | 2B1 | 2B2 | 2A1 | 2A2 | 2B1 | 2B2 | 2A1 | 2A2 | 2B1 | 2B2 | 2A1 | 2A2 | 2B1 | 2B2 |
| 15:30 - 16:00 | | | | | | | | | | | | | | | | | | | TWJ | |
| 16:00 - 16:30 | | | | | | | | | | | | | | | | | | | TWJ | |
| 16:30 - 17:00 | | | U11 | | | | | | | | | | | | | | U11 | | TWJ | |
| 17:00 - 17:30 | G1 | F1 | U11 | | E2 | E4 | | | G1 | F1 | E3 | E5 | U15 | | E2 | E4 | U11 | | TWJ | |
| 17:30 - 18:00 | G1 | F1 | U11 | | E2 | E4 | | | G1 | F1 | E3 | E5 | U15 | | E2 | E4 | U11 | | TWJ | |
| 18:00 - 18:30 | G1 | F1 | U15 | | E2 | E4 | | | G1 | F1 | E3 | E5 | U15 | | E2 | E4 | U17 / U19 | | | TWJ |
| 18:30 - 19:00 | E1 | D1 | U15 | | C1 | | U17 / U19 | | D1 | D3 | D2 | | C1 | | C3 | | U17 / U19 | | | TWJ |
| 19:00 - 19:30 | E1 | D1 | U15 | | C1 | | U17 / U19 | | D1 | D3 | D2 | | C1 | | C3 | | U17 / U19 | | | TWJ |
| 19:30 - 20:00 | E1 | D1 | B1 | | C1 | | U17 / U19 | | D1 | D3 | D2 | | C1 | | C3 | | | | TWJ | |
| 20:00 - 20:30 | | | B1 | | He 1 | | He 2 | | Ah | | TWS | | A1 | | A2 | | | | TWJ | |
| 20:30 - 21:00 | | | B1 | | He 1 | | He 2 | | Ah | | TWS | | A1 | | A2 | | | | | |
| 21:00 - 21:30 | | | | | He 1 | | He 2 | | Ah | | TWS | | A1 | | A2 | | | | | |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | |

## HHG (Platz 1) Hassselbeck Str. 2-4

| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | | 1A | | 1B | |
| | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 | 1A1 | 1A2 | 1B1 | 1B2 |
| 15:30 - 16:00 | | | | | | | | | | | | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | | | | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | | | | | | | | | | | | |
| 17:00 - 17:30 | | | | | | | | | | | | | | | | | | | | |
| 17:30 - 18:00 | B2 | | C3 | | | | | | | | | | | | | | | | | |
| 18:00 - 18:30 | B2 | | C3 | | | | | | | | | | | | | | | | | |
| 18:30 - 19:00 | B2 | | C3 | | | | | | | | | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | | | | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | | | | | | | | | | | | | |
| 20:00 - 20:30 | | | | | | | | | | | | | | | | | | | | |
| 20:30 - 21:00 | | | | | | | | | | | | | | | | | | | | |
| 21:00 - 21:30 | | | | | | | | | | | | | | | | | | | | |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | |